

Consciousness Raising and the 15th Step

By Joseph Costa, PhD

We hear a lot these days about consciousness raising yet few realize or understand what the statement means. For most of us we understand consciousness is raising because we see signs of it in action around us. We experience life as speeded up. Computers, machines and human behavior seem to be going faster. Compare 1980 previews of movies to previews of today and one can see how the public's ability to comprehend matters has speeded up.

Where we find a major change in public behavior relative to wanting things faster is in the alternative healing field. The sudden demand for methods of healing that short circuit standard health and healing methods as well as broad acceptance of healing methods one might call spiritual, reflects a leap in consciousness. Simply stated the public at large is reacting to what is obviously expanding ideas of consciousness.

Those of us in the field of thought and thinking recognize there are major changes that have come about because of masses of people meditating and experimenting with ideas that come forward from an energy perspective. People are expecting more from higher states of thinking and seeking more mentally and spiritually. Consequently the beliefs of many are expanding and are open to alternative approaches of life and healing. As an example we have seen past life ideas that were once a possibility become probability and past life therapies are becoming a sought after approach to healing.

Those of us close to the newer approaches to healing see many avenues of healing both mental and physical surfacing. Hands on healing, energies programs, color treatments and new machines that measure the human beings' somatic field are being invented.

This sudden increase in alternative thinking and healing explains the surge of interest in the Inner World higher vibrational aspects of the human experience. The interest is not religious, but spiritual in nature and reflects an intense desire for self-growth and love and acceptance of the self. Individuals are trusting the self more and looking to their own Inner World for guidance for mental and physical well being.

The 15th Step Process is a part of this consciousness raising movement we are all experiencing. It is a process that presents the individual with the opportunity to visit their own Inner World to receive physical healing and obtain personal information of their past, present and future.

On the 15th Step Platform one can meet with angels or guides and others in a safe mental and physical process. One can intelligently communicate with sources of all aspects of the human experience. One can also discuss their physical condition with healers and make a determination about healing for the self.

AN EXAMPLE:

Less than a month ago an individual in a 15th Step Seminar received a healing of his hearing. He is a science minded person who expressed doubt at the start that he could get to the 15th Step Platform. He had to sit close to the lecturer to hear the information and was in front of the student body.

An hour after visiting the 15th Step Platform where he visited with an Inner World healer 90% of his hearing returned. When he returned to the lecture hall he was able to sit in the rear of the audience and hear everything the speaker was saying.

This person related to the audience that during his visit to the 15th Step he asked specific questions about his hearing and his ability to become well. The instructions were given that he could heal 90% of his hearing in two minutes but then he must follow the prescription of care and diet recommended by the healer over a period of five weeks to heal the physical parts of his hearing mechanisms. He is presently following the prescription to heal the remaining 10% of his hearing.

In keeping with this world raising of consciousness this science minded person has quickly treated himself to healing in a time that to some is miraculous. To him today, it was not a miracle healing but the result of his discussing his situation with an Inner World aspect of his being and the healing has taken place in a shorter time than he would have experienced using standard methods.

The purpose for learning to be effective on the 15th Step is to make it possible for the individual to learn that he or she has the power to heal the self-using mind and matter in an intelligent manner. This is why the 15th Step Program is designed so all human beings to learn and use to have miraculous benefits and enlightenment in their daily life.

If you are interested in learning more about the 15th Step process to obtain physical healing and accessing your own inner truths and wisdom, join us for a Two Day 15th Step training Seminar.

Dr. Joe