

Books by Joseph Costa

BRINGING THE EAGLES OF CONSCIOUSNESS TO THE WORLD ... JESUS of THE EAGLES OF CONSCIOUSNESS

"Tell them all, Joseph! Tell them who we are, where we are, what we have been doing for thousands of years and why we do this!" (Taken from the introduction of the book)

"After the shock wore off from being asked by Jesus to tell the World all about the Eagles of Consciousness, I struggled with it. He'd made it clear that it was to be told in the first person, and to me that meant I was to write about us; Jesus, myself and the other Eagles of Consciousness. My feelings and emotions flip-flopped because I was in the process of writing my human autobiography, which He requested of me last August. As I am a very private person, telling all about my human self was already overwhelming."

This book is about life on this World, the beginning, the errors made, the thousands of years of trying to re-adjust the path of human existence and why consciousness is escalating as it is. It talks about who and what we are in this world and the Inner World and it explains what the World is doing, where it is heading and ... [Read More about The Eagles of Consciousness](#)

PRIMAL LEGACY : A Guide to Your Spiritual Existence - Finding Self-Mastery, Balance & Purpose

Primal Legacy is about the discovery of the mind. It contains answers to questions about consciousness for which scientists, educators and psychologists have long searched. It removes the cloud of confusion about brain or mind, altered states and what thinking really is. It describes the mind as a separate mechanism from the brain and gives fascinating details of the human thinking systems and human behavior.

Primal Legacy is for everyone to read. It bridges science and spirituality for a true coming together of mind and matter. For spiritual seekers it offers true understanding of enlightenment. It provides a paradigm for professionals and a formula for the individual to understand the total life experience. ... [Read More about Primal Legacy](#)

YESHU HANNOSRI -The Life Of Jesus by a Time Traveler: Who was the human Jesus?

Two thousand years of dust and dogma melt away as you step into the world of Yeshe Hannosri, the mystic in touch with the Inner Kingdom, at odds with the beliefs of his time. Meet the real people he lived with, his mother and brothers to whom he seemed strange; Mary Magdalene, the woman who loved him; the band of men who followed him, doubted him, misunderstood him; Judas, hopelessly caught in a spider web of political intrigue, used and discarded as a pawn; John the Baptizer with whom Jesus spent years at Qumran at the Essene compound.

They all come vividly alive in this extraordinarily detailed and moving account about the human Jesus, written first hand by a Time Traveler. ... [Read More about Yeshe Hannosri](#)

THE SECOND COMING OF YESHU

This is a "Time Travel" novel and movie script (in the form of a screenplay) about the lives and life of Jesus, who he was and what his earthly mission has been and is all about. It is a revelation about what he was teaching; why it was contrary to Moses' teachings, and also about those who worked and now work with him in both the Inner World and our Outer world.

Now you can have your own copy of this very limited edition book, available with a beautiful, engraved leather cover. ... [Read More about The Second Coming of Yeshe](#)

THOUGHT ROTATION SELF-THERAPY (TRuST) How to change your thoughts and thinking for a brighter future.

Do you sometimes feel that life has dealt you a bad hand? Well, as William Shakespeare wrote in Hamlet, "There is nothing either good or bad, but thinking makes it so."

An extension of that same concept is the basis for this intriguing and helpful book by Joseph Costa: We are creating our own reality each moment of our lives ... just by the thoughts we have.

If some negative event occurs today, no matter how small or large, it is past thinking that caused the condition to occur. Negative events that continue to arise as we go along in life are being created by past thinking.

Thought Rotation, as explained in this book, is a method that allows us to change our thinking in the past so that the future smooths out....[Read More about Thought Rotatioin Self-Therapy \(the TRuST Process\)](#)